

WEEKLY MENU

WEEK 10-16 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURADAY	SUNDAY
Butternut squash and Butter bean Soup	Sweetcorn Chowder	Green Split Pea Soup	Moroccan Tomato Soup	Spiced Sweet Potato Soup	Courgette and Mint Soup	Hot and Sour Soup
Grilled Garlic and Lemon Chicken with Prawn Cracker	Traditional Cottage Pie Topped with a sweet Potato Topping	Thai Green Turkey Curry with Lemon Grass Lime and Coriander	Chinese Hoisin Beef with Bamboo Shoots and Beansprouts	Fresh Breaded Haddock Steamed Haddock of the Day	Grilled Pork Lion with Ratatouille	Mediterranean Chicken and Chorizo Paella with Garlic and Rosemary Focaccia
Sweet Potato and Spring Onion Cake with Soured Cream and Chives	Roast Mediterranean Vegetable and Halloumi Bake	Quorn Hot Pot with Root Vegetables	Roast Leek and Garlic Risotto with Rocket Oil	Sesame Tofu and Beansprout Chow Mein	Aubergine Katsu with Braised Rice	Creamy Sweetcorn and Cauliflower Bake
Egg Noodles	Creamy Mashed Potato	Aromatic Jasmine Rice	Egg Noodles	Chips	Parsley Potatoes	Green Beans
Sugar Snap Peas	Carrots	Pak Choi	Cauliflower	Peas	Mushroom and Aubergine Stir fry	Roast Peppers
Roast Courgettes	Broccoli	Roast Peppers	Sweetcorn	Baked Beans	Green Beans	
Pasta with Tomato Sauce	Pasta with Basil Pesto	Pasta with Tomato Sauce	Pasta with Cheese Sauce	Pasta with Tomato Sauce	Pasta with Smoked Cheddar Sauce	Pasta with Sun Dried Tomato Pesto
Jacket Potato and Beans	Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Beans
Chocolate Cheesecake	Selection of Cut Fruit	Apple Crumble and Custard	Selection of Cut Fruit	Pear and Chocolate Cake	Selection of Cut Fruit	Yogurt Brule with Mixed Fruit

ALLERGEN INFORMATION: PLEASE SPEAK TO A MEMBER OF THE TEAM.

WEEKLY MENU

WEEK 10-16 DINNER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURADAY	SUNDAY
Butternut Squash and Butter Bean Soup	Sweetcorn Chowder	Green Split Pea Soup	Moroccan Tomato Soup	Spiced Sweet Potato Soup	Courgette and Mint Soup	Hot and Sour Soup
Succulent Lamb Hotpot	Baked Potato with Fillings	Chicken and Mushroom Casserole with Tarragon	Spicy Lamb Meat Loaf with Rosemary Jus	Chicken and Vegetable Burrito	Traditional Beef Lasagne with Sea Salt and Herb Foccacia	Honey and Ginger Roast Bacon
Mushroom and Pepper Quesadilla	Baked Potato with Veggie Fillings	Stir-fried Teriyaki Vegetables with Rice	Spicy Mixed Bean Burger with Sour Cream and Chives	Lentil, Courgette and onion Bake	Leek and Pea Arrancini with Smokey Tomato Sauce	Tomato and Garlic Gnocchi with Gran Padano
Herby new Potatoes	Sweetcorn Peas	Buttered new Potatoes	Loaded Potato Skins	Salsa Guacamole	Collared Greens	Roast Potatoes
Savoy Cabbage		Mange Tout	Spinach and Cherry Tomatoes	Sour Cream	Coleslaw	Roast Parsnips
Roast Celeriac		Cauliflower	Soya Beans	Corn on the Cob		Carrots
Pasta with Tomato Sauce	Pasta with Basil Pesto	Pasta with Tomato Sauce	Pasta with Cheese Sauce	Pasta with Tomato Sauce	Pasta Smoked Cheddar Sauce	Pasta with Sun Dried Tomato Pesto
Sultana Sponge	Tiramisu	Chocolate Brownie	Vanilla Panna Cotta with Fruit Coulis	Bread and Butter Pudding and Cream	Victoria Sponge	Chocolate Rice Pudding

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