

WEEKLY MENU

WEEK 11th-17th LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Hearty Lentil Soup	Parsnip and Apple Soup	Leek and Potato Soup	Mushroom and Herb Soup	Rich Tangy Tomato Soup	Spiced Sweet Potato Soup	Carrot and Coriander Soup
Korean Beef Bulgogi	Chicken Tikka Marsala	Turkey Breast New Yorker	Filipino Pork Bicol	Fresh Breadcr Haddock with Lemon and Tartare Sauce	Creamy Beef Meatballs with Dill	Malaysian Chicken Curry
Haloumi, Red Pepper And Bean Cassolette	Cauliflower and Chickpea Korma	Leek and Tomato Vegan Quiche	Mac Cheese With Crispy Onions	Fruity Vegetable Tagine with Spiced Couscous	Tex Mex Vegan Chilli with Steamed Rice	Beetroot and Feta Cake with Sour Cream
Snow Peas Sweetcorn Egg Noodles	Spinach and Cherry Tomatoes Vegetable Pakora Turmeric Rice	Peas Mixed Peppers Roast Potatoes	Pak Choi Corn on the Cob Spiced Rice	Beans Peas Chipped Potatoes	Steamed Carrots Green Beans Mashed Potatoes	Broccoli Courgettes Rice
Pasta with Tomato and Herb Sauce Jacket Potato with Beans	Pasta with Kale and Ginger Pesto Jacket Potato with Beans	Pasta with Cheese Sauce Jacket Potato with Beans	Arribiatta Pasta Jacket Potato with Beans	Roast Garlic and Parsley Cream Pasta Jacket Potato with Beans	Pasta with Smokey Tomato Sauce Jacket Potato with Beans	Pasta with Sun Dried Tomato Pesto Jacket Potato with Beans
Chocolate Tofu Cream	Selection of Cut Fruit and Fruit Jellys	Peach Crumble	Selection of Cut Fruit and Fruit Jellys	Mango Coconut Rice Pudding	Selection of Cut Fruit and Fruit Jellys	Lemon Shortbread

FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.

WEEKLY MENU

WEEK 11th-17th DINNER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Hearty Lentil Soup	Parsnip and Apple Soup	Leek and Potato Soup	Mushroom and Herb Soup	Rich Tangy Tomato Soup	Spiced Sweet Potato Soup	Carrot and Coriander Soup
Honey and Soy Chicken with Prawn Crackers	Spicy Pork Burrito	New York Style Hot Dogs with Fried Onions	Chicken Sharmwa with Flat Bread	Ginger Beer Pulled Pork	Pepperoni Pizza	Thai Pork Curry with Lime and Coconut
Peruvian Vegetable Pitta with Green Sauce	Tomato, Chilli and Pepper Enchilada	Roast Pepper and Garlic Gnocchi	Courgette ,Onion and Feta Bake	Crispy Sweet and Sour Vegetables	Double Cheese Pizza	Herby Tomato Vegan Meatballs
Mushroom and Bean sprout Stir Fry	Refried Beans	Peas	Cauliflower	Green Breans	Ruby Slaw	Roast Courgette
Roast Broccoli	Spiced Cabbage	Sweetcorn	Sugar Snap Peas	Carrots	Corn on the Cob	Soy Pac Choi
Egg Noodles	Mexican Rice	Fries	Herby Bulgar Wheat	Egg Noodles	Herby Potato Wedges	Savoury Rice
Pasta with Tomato and Herb Sauce	Pasta with Kale and Ginger Pesto	Pasta with Cheese Sauce	Pasta Arribiatta	Roast Garlic and Parsley Cream Pasta	Pasta with Smokey Tomato Sauce	Pasta with Sun Dried Tomato Pesto
Jam and Coconut Sponge	Glenalmond Mess	Vanilla Panna Cotta with Fruit Coulis	Chocolate and Beetroot Brownie	Toffee Cheesecake	Chocolate and Courgette Muffins	Oaty Fruit Cranachan

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