ШЕЕК L 4 **MENU**

Week 9/06/2025





MONDAA	TUESDAY	MEDNEZDAA	THURSDAY	FRIDAY	SATURDAY	SUNDAA
Carrot & Coriander	Roasted Plum Tomato & Herb	Potato & Watercress	Creamed Broccoli & Spinach	Cream Of Vegetable	Curried Cauliflower & Cumin	Traditional Scotch Broth
Peri Peri Coated Chicken, Hot Sauce & Minted Yoghurt	Beef Meatballs, Rich Tomato & Oregano Sauce, Garlic Infused Bread, Parmesan Cheese	Brazilian Port Steak, Spiced Vegetable & Butterbean (Lime & Herb Sour Cream, Slasa)	Creamy Turkey, Mushroom & Leek Puff Pastry Pie	Breaded Haddock Fillet, Lemon Wedge, and Chunky Tartare Sauce	Kung Pao Chicken Stir Fry with Peppers & Onions	Cumberland Sausage Ring, Caramelised Red Onion & Thyme Gravy
Peri Peri Coated Halloumi, Hot Sauce & Minted Yoghurt	Sun Blushed Tomato Chickpea & Vegetable Gnocchi	Plant Based Chilli with Red Kidney Beans (Lime & Herb Sour Cream, Salsa)	Potato Courgette & Feta Filo Bake Chive Creme Fraiche	Mac N Cheese Bake	Smoked Tofu & Vegetable Stir Fry, Honey & Hoi Sin Sauce	Vegan Sausages, Caramelised Red Onion & Thyme Gravy
Rich Tomato & Basil Sauce Baked Beans	Basil & Spinach Pesto Baked Beans	Med Veg & Tomato Sauce Baked Beans	Roasted Red Pepper Sauce Baked Beans	Smoked Cheddar Cheese Sauce Baked Beans	Tuscan Tomato Sauce Baked Beans	Tomato Pesto Sauce Baked Beans
Vegetable Rice Corn on the Cob Cajun Roasted Peppers	Steamed Pasta Italian Herb Cauliflower Roasted Courgette & Aubergine	Paprika Potatoes Butternut Squash Wedges Balsamic Green Beans	Boiled New Potatoes Honey Roast Parsnips Steamed Carrots	Chunky Chips Mushy Peas Curry Sauce Sweetcorn	Whole Rice Say Pak Choi Chinese Cabbage Beansprouts & Mange Tout	Mashed Potatoes Roast Root Vegetables Saute Sprouts & Leek
Leman & Pappy Seed Slice	Yoghurt, Fruit Compot & Granola Jelly Pot Fruit Pots	Chocolate & Pear Cake	Yoghurt, Fruit Compot & Granola Jelly Pot Fruit Pots	Apple & Pear Granola Crumble & Rich custard	Yoghurt, Fruit Compot & Granola Jelly Pot Fruit Pots	Apple, Sultana & Cinnamon Crumble

ШЕЕК L 4 **МЕ** N U

Week 9/06/2025





ШОИОЯ	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	ENDRU
Carrot & Coriander	Roast Plum Tomato & Herb	Potato & Watercress	Creamed Broccoli & Spinach	Hat & Sour	Curried Cauliflower & cumin	Traditional Scotch Broth
Traditional Lasagne, Rosemary and Sea Salt Focaccia, Grated Parmesan	Lebanese Spiced Chicken Thigh, Flat Bread, Slaw and Coriander Salad, Mint Yoghurt, Sriracha Mayo	Sticky Honey, Garlic Chilli Chicken, Peppers and Roasted Onions	Steak Beef Burgers, Burger Sauce, Lettuce and Tomato, Cheese	Lamb Biryani, Roasted Peppers and Onion, Mango Chutney, Spiced Onions and Riata	Freshly Made Pizza, BBQ Chicken, Fresh Mozzarella, Balsamic and Parmesan Rocket	Chicken, Salmon and Prawn Paella, Peas Tomato and Lemon Wedges
Plant Based and Vegetable Lasagne, Sea Salt and Rosemary Focaccia	Sweet Potato Chickpea and Feta Fritters, Mint Yogurt, Sriracha Mayo	Tofu Ramen Bowl with miso Broth, Noodles, Tea Egg, Chinese Cabbage Mix	Lentil and Chickpea Burger, Burger Sauce, Lettuce and Tomato, Cheese	Sweet Potato, Mushroom and Bean Curry, mango Chutney, Spiced Onions and Riata	Freshly Made Pizza Mozzarella cheese and Basil, balsamic and Parmesan Rocket	Mushroom, Lentil & Spinach, Linguine Finished with Fresh Pesto
Rich Tomato & Basil Sauce Baked Beans	Basil & Spinach Pesto Baked Beans	Med Veg & Tomato Sauce Baked Beans	Roasted Red Pepper Sauce Baked Beans	Smoked Cheddar Cheese Sauce Baked Beans	Tuscan Tomato Sauce Baked Beans	Tomato Pesto Sauce Baked Beans
Steamed Carrots Garden Peas	Middle Eastern Spiced Potato Snow Peas and Spinach Roasted Parsnips	Soy and Spring Onion Rice Mange Tout Baby Corn	Cajun Wedges Steamed Broccoli Charred Celeriac	Boiled Turmeric Rice Green Beans Roast Red Onions Spinach Dahl	Curly Fries Corn on the Cob Roasted Peppers	Roast Paprika Cauliflower Sweet Potato Patatas Bravas
Tiramisu	Rhubarb and Vanilla Crumble, Pouring Cream	Vanilla Panna Cotta Winter Berry Compote	Eves Pudding and Custard	Caramelised Pineapple and Coconut Rice Pudding	Chocolate and Oat Cookies	Orange and Courgette Muffins