

WEEKLY MENU

WEEK 5th-11th Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Inset Day	Parsnip and Apple Soup Spiced Chicken Tandoori with Yoghurt and Naan Bread Balsamic Roast Med Veg with Grilled Haloumi Turmeric Rice Spiced Courgettes Sugar Snaps Spinach and Lemon Pesto Pasta Jacket Potato with Beans Selection of Cut Fruit and Jelly Pots	Leek and Potato Soup Seared Turkey Steak with Fresh Chimichurri Sauce Aubergine Parmigiana Baked Baby New Potatoes Herby Cauliflower Green Beans Pasta with Cheddar Sauce Jacket Potato with Beans Rich Chocolate Rice Pudding	Mushroom and Herb Soup Traditional Beef Bolognaise with Sea Salt Focaccia Plant Based Vegan Lasagne Pasta Buttered Savoy Cabbage Tomato and Basil Sauce Jacket Potato with Beans Selection of Cut Fruit and Jelly Pots	Rich Tangy Tomato Soup Fresh Breaded Haddock with Lemon and Tartare Sauce Gluten Free Battered Vegetable Sausages Chipped Potatoes Garden Peas Mushy Peas Pasta with Smoked Cheddar Sauce Jacket Potato with Beans Apple and Sultana Sponge	Spiced Sweet Potato Soup Tangy Kung Po Turkey with Ginger Vegetarian Haggis Soy Noodle Sweetcorn Mange Tout Pasta with Sun Dried Tomato Pesto Jacket Potato with Beans Selection of Cut Fruit and Jelly Pots	Carrot and Coriander Soup Creamy Beef Meatballs with Dill Soya Bolognaise with Garlic and Tomato Cheesy Mash Broccoli Steamed Carrots Pasta with Rich Tomato Sauce Jacket Potato with Beans Chocolate Tiffin Cake

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WEEK 5th-11th Dinner

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Hearty Lentil Soup	Parsnip and Apple Soup	Leek and Potato Soup		Rich Tangy Tomato Soup	Spiced Sweet Potato Soup	
Beef and Vegetable Pie	Lamb Lasagne with Rosemary and Garlic	Pork Gochujang with Mushroom and Herb Soup		Traditional Shepherd's Pie with Feta and Mint	BBQ Pulled Pork	Carrot and Coriander Soup
Spicy Peppers and Mushroom Stir-Fry Noodles	Sweet Potato Feta and Chick Pea Fritters with Sour Cream	Peppers and Onions	Spicy PiriPiriChicken Thighs	Cauliflower and Smoked Cheddar Bake	Mixed Bean Burger with Tomato Relish and Floured Bun	Chicken and Mushroom Paella with Olive Oil
Crushed New Potatoes		Teriyaki vegetables with Soy and Spring Onion Rice	PlantBasedCajunPieces with Giant Couscous	Mashed Potatoes	Sautéed Potatoes	Mushroom and Sweet Potato Curry
Carrots		Egg Noodle		Green Beans	Corn on the Cob	
Mange Tout	Olive Focaccia	Pack Choi	Spiced Rice	Cauliflower	Coleslaw	
Pasta with Roast Pepper Sauce	Roast Courgette	Sweetcorn	Roast Peppers		Pasta with Sun Dried Tomato Pesto	Ratatouille
	Broccoli	Pasta with Cheddar Sauce	Braised Leeks	Pasta with Smoked Cheddar Sauce		Charred Broccoli
Frosted Carrot Cake	Pasta with Spinach and Pesto Pasta		Pasta with Tomato and Basil Sauce	Banoffee Pots	Rich Chocolate Brownie	Mango and Ginger Rice Pudding
	Creamy Fruit Mousse	Yoghurt Crème Brûlée				

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