

WEEKLY MENU

WEEK 13-19 DINNER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURADAY	SUNDAY
Roast Pepper and Tomato Soup	Carrot Soup	Mushroom Soup	Vegetable Broth	Carrot and Coriander Soup		French Onion Soup
BBQ Chicken with Cheese, Served in a Bun, Potato Wedges	Creamy Pork Stroganoff with Dijon Mustard, Steamed Rice	Hoisin Beef with Beansprouts and Bamboo Shoots, Noodles	Turkey Thai Green Curry, Savoury Rice	Spiced Lamb Keema Served with Flat Bread	Broccoli Soup	Roast Loin of Pork with Apple Sauce, Roast Potatoes
Courgette and Feta Giant Couscous, Potato Wedges	Sliced Pepper and Mushroom Stir Fry Noodle	Vegan Meatballs with Tomato Ragu	Lentil Moussaka with Garlic and Mint, Savoury Rice	Sweet Potato and Paneer Roast with Sweet Chilli Sauce	Freshly Made Pepperoni, Mozzarella Pizza	Lentil and Spinach Stroganoff with Brown Sauce, Roast Potatoes
Pasta with Cheese Sauce	Pasta with Tomato Sauce	Pasta with Basil Pesto	Pasta with Tomato Sauce	Pasta with Kale and Garlic Pesto	Freshly Made Double Cheese Pizza	Pasta with Cheese Sauce
Peas Cauliflower	Roast Courgette Carrots	Sesame Chinese Cabbage Pak Choi	Roast Peppers Spiced Courgette	Wilted Spinach Onion Bhaji	Coleslaw	Parsnips Peas
Raspberry Mousse	Treacle Tart	Banoffee Pots	Eve's Pudding with Cream	Coriander and Lemon Couscous	Baked Oat Pudding	Raspberry Cheesecake
				Lemon Drizzle Cake		

FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.

WEEKLY MENU

WEEK 13-19 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURADAY	SUNDAY
Greek Day	Carrot and Coriander Soup	Garden Vegetable Soup	Leek and Potato Broth	Broccoli Soup	Sweet Corn Chowder Soup	French Onion Soup
	Beef Spaghetti Bolognaise, Garlic Bread	Roast Chicken and Gravy, Roast Potatoes	Mac Cheese and Toppers	Fresh breaded Haddock, Chips	Beef Meatballs in a Creamy Dill Sauce, Couscous	Caramelised Honey and Soy Chicken, Braised Rice
	Vegan Lasagne, Garlic Bread	Cauliflower Rice, Spiced Chickpeas, Loaded Peppers	Vegan Mac Cheese and Toppers	Steamed Haddock of the Day, Chips	Honey and Balsamic Glazed Veggie Sausage, Couscous	Potato and Cauliflower Jalfrezi with Rice
	Pasta with Tomato Sauce	Pasta with Basil Pesto	Pasta with Tomato Sauce	Sweet Potato, Turtle Bean and Spinach Bake, Chips	Pasta with Tomato Sauce	Pasta with Cheese Sauce
	Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Beans	Pasta with Kale and Garlic Pesto	Jacket Potato with Beans	Jacket Potato with Beans
	Green Beans	Cauliflower Roast Roots	Spinach Baked Beans	Jacket Potato with Beans	Peas	Mushroom and Aubergine Stir fry
	Sweetcorn	Blueberry Muffin	Mango Bircher Pots	Chocolate Cake	Carrots	Sugar Snaps
	Yoghurt Parfait	Melon Pots		Pineapple Pots	Lemon Posset	Homemade Doughnuts

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